18th ANNUAL PIONEER VALLEY BAY STATE BIKE WEEK



SAT MAY 13

SPRINGFIELD 8-11am | Ride your bike to the World's Largest Pancake Breakfast. Free repairs from RadSpringfield | Main St

WESTFIELD 8-11am | Pedal-In Coffee Break | Bike in for complimentary coffee & conversations | Jayzz Café, 83 Main St

SUN MAY 14

EASTHAMPTON 9:30am | CycloFemme 2017 | All-women's ride happening in tandem with rides all over the world! CycloFemme.com | Tandem Bagel, 9 Railroad St

MON MAY 15

SPRINGFIELD 6am | Morning Ride | 20 mile group ride with food at the end | Pioneer Valley Riverfront Club | 121 West St

SPRINGFIELD 8-11am | Free beignets for commuters from Sidecar Bakery | Sponsored by Walk/Bike Springfield | Plaza at 1550 Main St

WESTFIELD 10-11am | Mayor's Ride | Join Mayor Sullivan for a ride around downtown | Westfield City Hall, 59 Court St

AGAWAM 1:45pm | Bike Tune Ups and Safety Event | Learn about bike safety and discuss Complete Streets projects with the Town Engineer Agawam High School, 760 Cooper St

TUE MAY 16

GREENFIELD 7:30-10am | Annual Commuter Breakfast JW Olver Transit Center, 12 Olive St

SPRINGFIELD 12:30-6pm | Nutrition for Cyclists | Tips on how to eat before and after a bike ride at the Forest Park Farmer's Market Cyr Arena in Forest Park. 22 Trafton Rd

AMHERST 5:30-6:30pm | Bike Rodeo | Bike & helmet fit check Learn to ride, signal, shift gears, check traffic | Slow bike race Crocker Farm Elementary School | Rear parking lot, 39 Shays St

WESTFIELD 5:30-6:30pm | Meet with Friends of the Columbia Greenway Rail Trail | Updates on trail construction, events & enhancements | Amelia Park Arena, Meeting Room B

TRACK YOUR MILEAGE: NURIDE.COM/MASSRIDES

WED MAY 17

NORTHAMPTON 7-10am | Bicycle Breakfast | Celebrate cycling with MassBike PV, Northampton Cycling Club, Friends of Northampton Trails and Greenways, Mayor David Narkewicz and others | Hampshire County Courthouse lawn, 99 Main St

SPRINGFIELD 8-11am | Free beignets for commuters from Sidecar Bakery | Sponsored by Walk/Bike Springfield | Plaza at 1550 Main St

HOLYOKE 5-6pm | Community Bike Ride | Family-friendly, leisurely tour of Holyoke | Holyoke Urban Bike School, Beech St

AMHERST 6-8pm | Bike Cleaning & General Maintenance Workshop Registration and charge required for entry | Email info@speed-andsprocket.com | Brookfield Farms, 24 Hulst Rd

SPRINGFIELD 6-8pm | Bike Safety Lecture | Learn about Cycling Savvy Bicycle Safety | MLK Family Services Community Center, 3 Rutland St

WESTFIELD 7pm | Ride of Silence honoring those who have lost their lives | South Middle School, 30 West Silver St

THU MAY 18

HADLEY 7-10am | Commuter Breakfast | Food sponsored by Valley Bike and Ski Werks | 8 Railroad St. (Norwottuck Rail Trail behind Quarters)

HOLYOKE 7-8:30am | Holyoke Bike Breakfast | Bike Week give-aways, coffee and snacks | Co-sponsored by PVTA | Veteran's Memorial Park

AMHERST 4-6pm | Bicycle Picnic | From Emily Dickinson to Now Bring your own food, tour museum, browse various bicycles | Lawns of the Jones Library & Amherst Historical Society & Museum, Amity St

AMHERST 6:30pm | Bicycle Films | Family-friendly feature film & various short films | Jones Library, Amherst Room, 43 Amity St

FRI MAY 19

GREENFIELD 12-2pm | Bicycle Lunch | Sponsored by The People's Pint and other local businesses | Bicycle World, 104 Federal St

SAT MAY 20

EASTHAMPTON 9-11am | Trailside Breakfast with Manhan Railtrail Committee | Manhan Rail Trail Behind Tandem Bagel, 9 Railroad St

SOUTHWICK 10am | Family Fun Ride to Find Dory | Congamond/Miller Road Trail Head

WEST SPRINGFIELD 9am-12pm | Bearhole Bike Ride to benefit West Springfield Partnership for Education | Colorado ski shop will provide bike tune ups and use of demo bikes | Ride at 10am to Bearhole Reservoir | Fausey School, 784 Amostown Rd

GREENFIELD 1pm | Pedal2Pints | 35 mile ride stopping for pints along the way | Pay your own way | 324 Wells St

SUN MAY 21

WESTFIELD 12pm | Vintage Bicycle Ride | Choose from two routes to Park Square | New Horizons Bike Shop, 55 Franklin St

HAMPDEN 12:30pm | Cycle 2 Corks Winery Tour | Registration and charge required for entry | Email info@speedandsprocket.com Casa Bella Italian Kitchen, 546 Main St

SPRINGFIELD 1pm | Complete Streets Road Ride (20 miles) Explore Springfield's forthcoming bike infrastructure upgrades and neighborhoods | Benson's Bagels, 598 Sumner Ave

NORTHAMPTON 2-5pm | Sweet Spoken 3rd Annual Tweed Ride. Don your tweed and seersucker for a fun, social ride from downtown Northampton to Look Park, to benefit The Friends of Northampton Trails and Greenways! | Register at www.sweetspoken.com/tweed-ride.

ALL WEEK

SPRINGFIELD Mercy Health Bike Donation Drive. All age bike donations will go to RadSpringfield Earn a Bike Program. Call Maggie at 413-748-9891 to coordinate donations.

poster design by alexisdesignstudio.com

massbike.org











For more information on events in the Valley and across the state visit: baystatebikeweek.org.